



Communication Bags

What do I need for a communication bag?

- A draw-string bag or similar
- You could stick a picture of your child, or a favourite character on the front of the bag so that your child knows that it belongs to him/her.

How do I use a communication bag?

- Throughout the child's day put any objects in the bag that represent the activities that the child has done that day or events that have happened. (e.g. swimming trunks, leaves from the park, painting from nursery)
- The communication bag should go with the child wherever they go (e.g. from home to nursery, to grandma's house, to the park etc.)
- Together you will be able to look at what's in the bag and 'talk' about what your child has done that day. Each object will help the child to remember what happened during the day and understand what you are communicating with them about.
- Talk to your child using clear simple language about the events of their day using the objects to help.
- You might want to keep a small note book in the bag in case people have time to write any extra information to explain a more complicated event.

Why will a communication bag help my child?

- A communication bag will help you and your child to share and communicate about the experiences of their day if they are unable to tell you themselves.
- It will help language development as you model language for them.
- It helps their confidence as you are giving them a special time each day.
- It can help you and your child feel less frustrated about not being able to communicate with each other as well as you would like to.
- It is particularly useful when a child is cared for by different adults during the week (parents, grandparents, nursery staff etc.)

OR you could choose a box