# Traded Speech and Language Therapy Services for Children and Young People



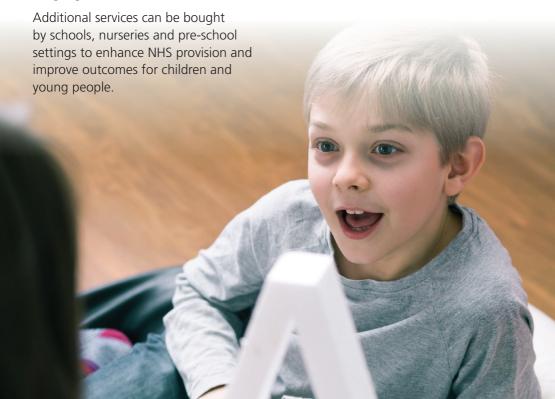
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## Why Purchase Additional Health Care Provision?

Coventry and Warwickshire Partnership NHS Trust provide specialist health services to meet a range of needs for children and young people. However there are great gains to be made for children and young people who have moderate and lower level Speech, Language and Communication Needs.



#### **Speech, Language and Communication**

Around 10% of all children have long term, persistent Speech, Language and Communication Needs (SLCN). Coventry and Warwickshire Partnership NHS Trust, like many NHS organisations, are commissioned to provide assessment and intervention to those with the most significant need.

## Incidence and Prevalence of Speech, Language and Communication Needs

- On average, two to three students in every classroom are struggling to communicate due to SLCN.
- It is estimated that in areas of social disadvantage approximately 50% of children start school with delayed language.
- SLC needs are closely related to a young person's behaviour and often go undetected.
   60-90% of young offenders have communication difficulties.

#### The impact of SLCN

- Literacy difficulties: 50-90% of children with persistent communication difficulties go on to have reading difficulties.
- Attainment: only 25% of pupils with SLCN achieve the expected level for English at Key Stage 2 and 15% of pupils with SLCN achieve 5 A\*— C GCSEs.
- Social / emotional development: between 55-100% of pupils with social, emotional and behavioural difficulties have SLCN.
- Behaviour: children and young people with undetected SLCN may also be at greater risk of exclusion from school.



Ref: ICAN 2013 The Communication Trust 2011



#### Why Purchase Additional Health Care Provision?

#### Specialist NHS Speech and Language Therapy

Speech and Language Therapy in Coventry is commissioned by Coventry and Rugby Clinical Commissioning Group (CRCCG). The current specialist NHS service for children and young people comprises:

- Assessment for an Education, Health and Care Plan and provision of health input to support statements and plans.
- Assessment for Looked After Children with speech, language and communication needs.
- Assessment and intervention for those with eating, drinking and swallowing difficulties.

 Assessment and intervention for those with the most significant voice disorders, stammers, speech difficulties and language difficulties.

Qualified speech and language therapists and speech and language therapy assistants work with this group of children and young people in schools, clinics, enhanced resource provisions, nurseries and family homes.

### Traded services – buying in Speech and Language Therapy

Some schools commission additional speech and language therapy to that provided by the NHS. This could be for children who do not meet the specialist service thresholds, or to provide additional support for children who do. Training for school staff is also available.

#### **SLT Support Packages Training** • Package A – sessional SLT • Module 1 – Speech, Language and Communication Workshop • Package B – sessional SLT for children who are pre-referral • Module 2 – Screening and Intervention Workshop • Package C – training a TA to Workshops in: carry out intervention groups • Identifying and supporting children with speech difficulties • Package D – hourly SLT for Can't listen, won't listen assessment / interventions Stammering • Understanding reluctant talkers Makaton Bespoke training as requested

#### **Traded Services**

#### Package A – Dedicated school or nursery based SLT provision (sessional basis, minimum of 12 months)

- Speech and language therapy in school or nursery for children and young people who do not meet specialist NHS service thresholds
- Additional support / initial assessments in school for children who meet the specialist criteria

To provide an effective service, as a guide, twelve children can be managed (on a caseload) at any one time with one session a week. This will be part of an ongoing discussion between the therapist and SENCO, dependent on the clinical needs of the children. Includes:

- Classroom observations
- Face to face sessions (assessment and therapy) with parent or TA present; this could be individually or in small groups
- Liaison with school staff
- Meetings with parents
- Planning and review meetings
- Target setting and programme writing
- Report writing
- Preparing and provision of resources
- Optional clinic sessions during school holidays
- Whole class support

Schools can choose to top up their qualified speech and language therapist

sessions, with speech and language therapy assistant sessions. The therapist can then carry out the assessments and set up intervention programmes, and the assistant can carry out therapy under the supervision of the therapist. This would increase the guide caseload accordingly.

## Speech and Language Therapy is commissioned on a per session basis for a minimum of 12 months.

Sessions (3.75 hours) can be commissioned depending on the needs of the school. Examples are as follows:

- 1 session a fortnight (guide 6 children)
- 1 session a week / 1 day a fortnight (guide 12 children)
- 1 day a week (guide 24 children)
- 2 days a week (guide 48 children) etc

Please contact the service for details of more than two sessions a week or sharing a whole time SLT with other schools or settings.

# Package B – Pre-referral (sessional basis, minimum of 12 months)

- Universal screening for all children in school or nursery at age 2-2.5 years and/or Reception and/or Year 2.
- As an example, Wellcomm will be used at 2-2.5 years in Reception and Language Link in Year 2 to screen all children for SLCN.



- Setting up interventions for those children highlighted on the screen, mostly in groups, some individual.
- Follow-up assessments following intervention.
- Screening for children of different ages following concerns raised by the school.
- Working with the school TAs.

## Speech and Language Therapy is commissioned on a per session basis for a minimum of 12 months.

Sessions (3.75 hours) can be commissioned as to the needs of the school, examples are as follows:

- 1 session a fortnight
- 1 session a week / 1 day a fortnight
- 1 day a week
- 2 days a week, etc

#### Package C – TA Training – A qualified therapist will provide

- Training of TA to carry out intervention group 6 x 1.5 hours.
- Five sessions of group therapy with up to six children selected by the school carried out by the SLT and TA.
- One session with the TA to discuss session plans and resources.

#### Groups available for:

 Attention and Listening – suitable for nursery and reception age children, to help develop their attention / listening and turn-taking skills in the nursery or classroom setting.

- Early Language Development suitable for nursery and reception age children, to help develop their basic language skills through attention/ listening, vocabulary, memory, expressive and receptive activities. These skills are essential steps to help children become skilful and confident communicators. As we know, children learn best through play therefore the Early Language Group is the perfect blend of learning and development through fun activities.
- Sound Awareness suitable for nursery and reception age children focusing on the first stages of sound awareness and production to help encourage development of clear speech sounds. These skills may also support early literacy development.
- Speech Sounds this is suitable for KS1 and KS2. These sessions would be tailor-made to the group of children. It would build on sound discrimination, tips to produce tricky sounds and ways to use them in words and sentences.

A 12 monthly refresher of one session of 1.5 hours for the TA is recommended to continue running the groups.

Package D – A qualified therapist will provide hourly speech and language therapy for assessments / intervention for individual children as required.

#### **Training** (Please see separate joint training brochure – SLT and CIASS)

#### **Core Modules**

- Speech language and communication in the Early Years (3 hrs)
- What is SLCN? From theory to practice – KS1 and KS2 (delivered by SLT and CIASS) (3hrs)

#### Workshops will cover:

- Normal speech & language development
- How speech & language difficulties may impact on a child
- Strategies & Practical ideas to help support children in your school or setting
- SLCN Identification and Intervention – Nursery and reception
- SLCN Identification and Intervention – KS1 and KS2

#### Workshops will cover:

- How to identify children with SLCN
- Using screening tools eg. WellComm and Language Link
- Interpreting the results
- Setting up intervention groups in schools and settings

## Other workshops available

 Identifying and Supporting Children with Speech Difficulties (1.5 hrs)

This is suitable for children in Foundation and KS1. This training package will help you to understand common speech difficulties that many children can experience. It will help you to screen for potential problems, understand typical errors and what you can do to help.

Can't Listen, Won't Listen –
 This is suitable for children in
 YN & YR (1hr). You will be trained
 on how to deliver a package of
 sessions within your classroom.
 These sessions are designed to
 develop early attention and listening
 skills (an essential building block
 for being able to access learning).
 You will be provided with sessions
 plans, resources, ideas and progress
 measures.

• Stammering (1 hr) -

This session will help you to understand what stammering is and the different interventions that are available. It will separate myths from facts and look at the impact that stammering can have within education. You will be provided with strategies to support students within your setting.



#### Understanding reluctant talkers (1 hr)

This session will help you to understand selective mutism / what it is to be a reluctant talker. It will cover typical profiles that you may encounter and how to best support children who do not speak when they are in school. Potential therapy plans will be outlined.

#### • Makaton Customised Sessions

1-2 hours of training, tailor made to meet your needs, catering for groups of up to 25 people

#### Makaton Beginners' workshop (ideal for parents and carers)

A 2 day course where you will learn approximately 300 signs with information on; what Makaton involves, how symbols are used and how to start teaching Makaton.

#### • Makaton Follow up workshop

A 2 day course recommended for parents/carers who require a more detailed knowledge and skills. Also an essential entry criteria for Local Makaton Tutor Training. You will learn around 200 signs to build on those taught during the beginners course (participant must have attended this course prior to the follow up).

#### • Makaton Foundation Workshop

A 2 day course, where you will learn around 300 signs. Includes information on; current research into sign use, the use and purpose of Makaton, and an overview of alternativecommunication methods.

#### Bespoke training

As requested by schools, nurseries & early years settings.



## Why commission from Coventry and Warwickshire Partnership NHS Trust?

- All qualified staff are registered speech and language therapists, regulated by the Health Care Professions Council (HCPC). There is a profession-wide monitoring system to ensure staff are up to date.
- Qualified staff are members of the Royal College of Speech and Language Therapists.
- All staff receive regular clinical and management supervision.
- All staff have regular safeguarding training in line with national intercollegiate guidance, which is rigorously monitored. This includes information on local safeguarding practices and access to safeguarding supervision from qualified child protection nurses.
- All staff attend annual statutory and mandatory training including: paediatric life support, equality and diversity and infection control.
- All staff attend an annual Continuous Professional Development (CPD) programme which includes professional networking, specific clinical training and research activity.
- All staff have up to date Disclosure and Barring Service (DBS) checks.

- All staff adhere to NHS Information Governance requirements.
- All staff are part of the wider Child and Family Service, so they have immediate access (based in the same office) to other health professionals involved in the child's care (eg. Physiotherapists, Occupational Therapists, Paediatricians, School Nurses, Health Visitors).
- As the therapists are part of a larger team, cover can be provided for long term sick leave and maternity leave.
- There are specialist and experienced therapists within the team to consult for second opinions and advice of more complex cases eg. Dysphagia, hearing impairment, cleft palate, alternative and augmentative communication, speech disorders.
- Staff have access to interpreters
   (Coventry Interpreting and Translation
   Unit) for working with children and
   their families and can have reports
   translated if needed.
- Staff have established relationships with schools as each school has a named Speech and Language Therapist. Wherever possible, the same therapist would provide the specialist NHS service and the service bought in by the school.



- Staff have close links with other agencies in Coventry eg. Educational Psychologists, Communication and Interaction (including autism) Support Service, Pre-School Education Service, Early Support, Learning and Wellbeing Support Service.
- Any complaints, risks or issues would be addressed through Coventry and Warwickshire Partnership NHS Trust polices and governance arrangements.

#### Reviews



"We cannot speak more highly of the fantastic service we have received. Our children are assessed quickly and reports returned to us so that we can put swift intervention in place. Our therapist is only a phone call or email away and will give advice on a range of things, no matter how small. We would highly recommend the service."

**Sacred Heart Catholic Primary School** 



"We find the work that we commission from the service is invaluable. We have a large volume of children who have difficulties with their speech and language. Without the support of the service we would not be able to offer the appropriate intervention to these children at the right stage in their development." **Frederick Bird Primary** 



"It is wonderful having our speech and language therapist work alongside us. The demand for speech and language therapy provision is high and we feel very lucky to have an expert in this field supporting us and the children."

**Gosford Park Primary School** 



#### For more information and current prices, please contact:

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